

Niamh's Irish Champ



Here's one Irish dish that's referenced in "The Orphan Train."

When the family was living in New York, Niamh would often make the simple Irish potato dish champ, "a mash of potatoes, milk, green onions and salt," for her younger siblings.
(This recipe is from british.about.com.)

Makes 4 servings

1 ½ pounds potatoes, peeled and quartered
1 cup chopped green onions (see instructions below)
¼ cup (½ stick) butter
4 to 6 tablespoons milk or cream
Salt and pepper to taste

Simmer the potatoes in lightly salted water until cooked, about 20 minutes.
Finely chop the white part of the onions and roughly chop the green parts. Keep separate.
Drain potatoes and add butter and milk and mash potatoes until smooth and creamy.
Add the finely chopped white part of the onion and mix well.
Season well with salt and pepper. Serve with the green part of the onion sprinkled on the top.